



Employee Assistance Program

Yeshiva University provides an Employee Assistance Program (EAP) via Health Advocate. Life can be stressful and complicated in a number of ways. Your Employee Assistance Program (EAP) provides one-on-one support and resources to help you cope and find solutions to feel more balanced, focused, and in control—no matter what challenges you face.

Health Advocate values confidentiality and quality care and is here for you when you need it. Health Advocate experts will identify and quickly connect you to the resources you need, based on your own individual circumstances:

- Childcare & Eldercare Services
- Information on community tools and resources
- Legal Services - Personal/Family/Elder Law provided by attorneys & includes a free telephone consultation
- Real Estate
- Financial Services – provided by seasoned professionals & includes a free telephone consultation.
- Debt Management
- Budgeting
- Credit Report Issues
- Financial Services
- Identity Theft information and resources to help prevent ID theft from occurring.

Connect with a compassionate expert to receive help with anything you need anytime you need it, on the communication channel you're most comfortable using. Call us at 866.799.2731 or choose a virtual or on-line option below at HealthAdvocate.com/members and through the mobile app.

Access self-guided help

Connect to virtual therapy

Explore Additional Topics

- Relationships
- Parenting
- Emotional Health
- Get important alerts such as health screenings and tests to help keep you on track
- Access resources to help you balance work and life.
- Save money and make smarter choices with helpful and realistic tips.
- Become more informed on health and wellness.

Customer service: 866.799.2731

Email: answers@HealthAdvocate.com